

Kobiety w czasach niepokoju

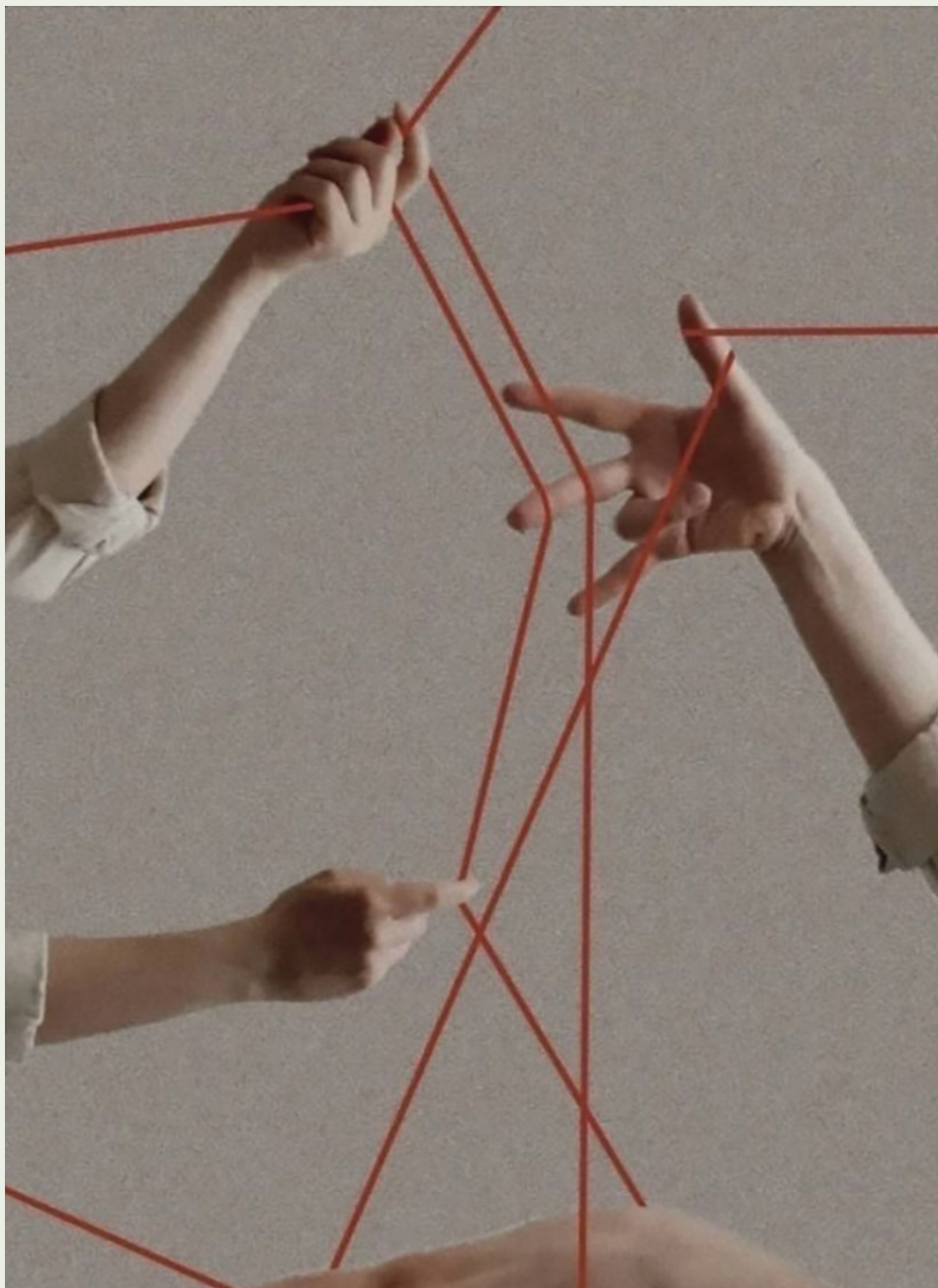
An exchange program
for women from
Kraków and Berlin

At a time when democratic values, the rights of minorities and women, as well as the right of nations to self-determination are increasingly being challenged, one thing is clear: we cannot afford to stand aside—we must act.

Women bring their own perspectives, experiences, and values into public life—and it is precisely this contribution that can strengthen democracy. Women's participation in public life is not a pleasant addition; it is the foundation of a just and stable society. And yet, it is women who too often still need to remind the world of this fact.

We believe that real change becomes possible when women come together and build bridges collectively. Something unique happens then: a space for dialogue, cooperation, and mutual learning emerges.

Attention, women of Kraków! Are you an engaged woman who cares deeply about the idea of a just society? Would you like to exchange ideas with women from Berlin and Kraków, strengthen networks, and work together to support democracy? We warmly invite you to take part in this unique exchange program.



What awaits you?

From February 19–22, 2026, 10 women from Berlin will meet with 10 women from Kraków. Together, we will explore the challenges facing European democracies today, support one another, and initiate new projects.

Goals of the meeting:

- / Strengthening Polish-German relations
- / Supporting women as citizens and leaders of democracy
- / Creating and deepening networks of cooperation
- / Developing creative ideas and projects
- / Building lasting friendships and connections

Participation details:

- / Participation is based on co-financing
- / Project language: English
- / Applications: Please send a short presentation of yourself and your civic or social engagement (text, audio, or video) to: info@bbridges.de
- / Please note: A return visit to Berlin is planned for spring 2026—you will have the opportunity to actively participate in its organization and activities.

Join us and become part of this inspiring exchange!

Part I in Kraków
February 19–22, 2026

Women in Times of Uncertainty